

## What is HIV?

HIV (Human Immunodeficiency Virus) is a virus that attacks the immune system and can lead to AIDS if untreated.

## HIV Transmission

HIV can be transmitted the following ways:

- Unprotected vaginal or anal sex with someone living with HIV with a detectable viral load
- Sharing equipment to prepare or inject substances
- Birth or breastfeeding

## U=U

HIV treatment is now accessible, affordable, and effective! People living with HIV can (and do) have normal lives with treatment. Many people being treated for HIV reach undetectable status, meaning they can't transmit HIV to their partners through sex! Undetectable = Untransmissible

**For more info about HIV, scan the "HIV Basics" QR code.**

## PEP: Post-Exposure Prophylaxis

PEP is medication that you can take after a possible HIV exposure to prevent infection. Here's what you need to know:

- You must start PEP **within 72 hours of possible exposure** for it to be effective, and you will need a prescription to access it.

### The Two Pill Regimen

Truvada

OR

Generic

AND

Tivicay

OR

Isentress

- Some doctors prescribe one medication called Biktarvy, This method is effective, but it is not CDC-approved yet.
- PEP can be found at urgent cares, ERs, and other medical offices. If you need assistance, please call the PrEP line.

**For more info about PEP, scan the "CHN Website" QR code.**



**Let's talk about  
PrEP,  
HIV, and PEP!**

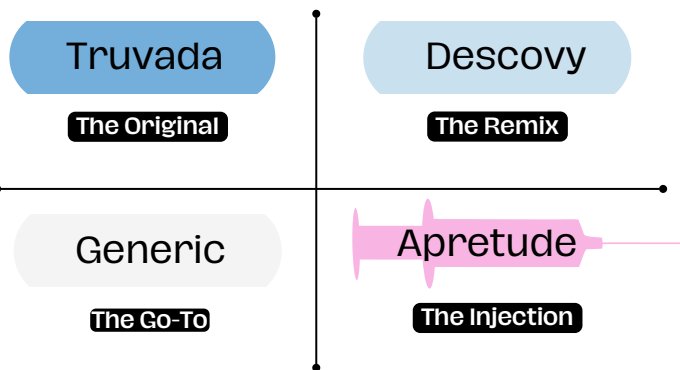
[coloradohealthnetwork.org](http://coloradohealthnetwork.org)  
(Local Number)  
PrEP Line: 970-260-9454

# PrEP: Pre-exposure prophylaxis

- PrEP is a type of medication that is used before an exposure to prevent HIV from establishing an infection.
- It is up to 99% effective at preventing HIV transmission through sex when taken correctly.
- PrEP is for anyone at risk for HIV!

## How does it work?

The medications used as PrEP work by preventing HIV from making copies of itself in the body. There are a few different options for PrEP medications:



For more info about PrEP, scan the "CHN Website" QR code.

# How do I pay for PrEP? Where do I get PrEP?

PrEP can be expensive, but there are several programs that can help cover the cost of PrEP, including:

- PHIP: Colorado state health dept program that can cover the entire cost of your PrEP (or copays for PrEP if you have insurance) if you live in Colorado and make less than ~\$72,900 per year.
- Gilead Advancing Access: can cover the cost of Truvada or Descovy medication
- Viiv Connect: can cover the cost of Apretude medication

**For more information about paying for PrEP and program criteria, scan the "Resources" QR code!**

## PrEP Navigation

If you have questions about PrEP or want to get started, please call or text **970-260-9454**.

**To fill out the PrEP Navigation interest form, please scan the "Interest Form" QR code.**

Any licensed medical provider can prescribe PrEP. Local options:

- **Colorado Health Network:** accepts most insurance and PHIP
  - 303-962-5317
- **Denver Sexual Health Clinic:** does not accept insurance, takes PHIP or sliding scale only.
  - 303-602-3540
- **UC Health TelePrEP:** accepts most insurance and PHIP
  - 720-848-0191

Please ensure the options listed accept your coverage. **For more options, scan the "Resources" QR code.**

## QR code bank

CHN Website



HIV Basics



Resources



Interest Form

