ALL THINGS NARCAN!

HOW TO USE NARCAN IF SOMEONE OVERDOSES

- 1. Try to wake the person up by calling their name. If that does not work, make a fist and rub your knuckles over the person's sternum (where ribs meet in the upper middle chest area).
- 2. If the person does not wake up, call 911 and request "medical assistance" for "an unconscious person."
- 3. While medical assistance is arriving, administer Narcan using the following steps:
 - a. Remove Narcan from packaging. Do not test the device and do not touch the plunger until you're ready to administer the dose.
 - b. Lay the person overdosing on their back and tilt their head back slightly while supporting their neck.
 - c. Insert the nozzle of the device into the person's nose and push the plunger with your thumb to administer the dose (pictured below).



4. Lay the person in recovery position (pictured below), and repeat step 3 to give an additional dose in the opposite nostril if

Hand

supports

(nee stops

. bodv from

stomach

head

the person does not respond after 2 to 3 minutes. Give the person some space. They may rolling onto be agitated

or embarrassed once they wake up. 5. Perform CPR and provide rescue breaths if you know how and if it is necessary. The most dangerous side effect of opioid overdose reduced or absent breathing.

NALOXONE/NARCAN

- Naloxone, also known as Narcan or Kloxxado, is medication used to reverse an opioid overdose.
- Examples of opioids include oxycodone, heroin, morphine, and fentanvl.
- Fentanyl, a synthetic opioid 50x more powerful than heroin, has been found in many other substances, such as heroin, meth, cocaine, MDMA, pressed counterfeit pills, etc.

SIGNS OF OPIOID OVERDOSE

- Slow, shallow, abnormal, or absent breathing
- Small/constricted "pinpoint" sliqua
- Loss of consciousness
- Unresponsive to stimulation •
- Blue/ashen lips and fingers •
- Bradycardia (slow heart rate) •
- Wooden/rigid chest

IMPORTANT INFO

- ٠ Giving Narcan is not going to hurt someone if they are not overdosing, so if you're unsure, it is safe to give it anvwav.
- The Colorado Good Samaritan Act states that anyone who renders "good faith assistance" in an emergency is exempt from liability.
- Possession of any amount of fentanyl is a felony in Colorado.
- Testing substances for fentanyl before using them can help avoid overdose.
- Expired Narcan is partially effective, if out of date you should still administer any available.
- Advise not to use for the rest of the
- day.

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This nasal spray needs no assembly and can be sprayed up one nostril by pushing the plunger.



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